

## WHEN IS THE RIGHT TIME FOR SENIOR LIVING?

You may not feel ready yet for senior living — and we get that — but there are many benefits to choosing to move sooner rather than later. Here are a couple of examples of common objections we hear all the time and why they shouldn't stop you from making a smart choice for your future.

## "I'm Still Active."

Perfect! Your lifestyle can become more active within a community. If you love to travel, you can "lock and leave" your residence and feel confident that everything will be looked after while you're gone. You can accompany friends on trips to new restaurants or the theater. You can stop in for interesting lectures on the campus or join a new club. A move to senior living can actually expand your world.

Volunteer opportunities also multiply. With a dedicated activities director, you'll have someone to plan regular outings and organize in-house projects you can join. If you already have a cause you're passionate about, spread the word and offer your new neighbors the chance to participate with you.

With a commitment to resident wellness, communities can help you stay active and independent longer than you might in a private residence. You'll have culinary professionals to cook delicious meals and — if you want — they can help you meet health goals. Fitness instructors and specially designed workout classes can help you build strength and stamina so you can pursue your passions with gusto for a long time.

Social opportunities are ripe at a senior living community. Friends and neighbors are as available as you choose. You can join friends for a fun dinner every night or retreat for quiet meals in your residence when you need to recharge. Find someone who also loves to walk around museums or a new companion to join you on the golf course. A community allows you to create a broad social network in a way a private house can't.

Senior living lets you free your time for more important parts of life. Hang up your rake and shovel. You don't have to worry about fixing pipes or changing the filters. When you move into a community, you're prioritizing your time with your loved ones, your interests and your well-being ahead of yardwork and chores. You don't need to spend any more time worrying about when you'll need to paint the house again or reshingle the roof. You can take control of your time and choose to do more of what makes you happy.





## What aren't you ready for?

You get to decide when the right time is, but choosing senior living is an opportunity to take the future in your own hands. If you make the move to a community when you're still independent, you're taking control of your own future — not leaving important decisions to anyone else. You're also making the most of your investment. You're giving yourself the chance to take advantage of all of the outings and classes. You can enjoy all the amenities, grow your social circle, and spend less time on household chores.

If you'd like to know more about the lifestyle at Robson Reserve at PebbleCreek and see some of our available residences, contact us at 623.440.6800. We look forward to meeting you.

